

FOOD & DRINK

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CHARMED

LIFE

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For barbecuers trying to keep track of various guests' preferences for how they want their food cooked, Grill Charms (\$19.99 for a set of six) are a savvy solution. The Steak Collection (featured here) includes the letters R, MR, M, MW (for steaks from rare to medium-well). Simply insert the dime-sized charm into the meat prior to cooking as a reminder for how long to leave each steak on the grill. Made of stainless steel, each charm has a post with serrated edges, so it stays positioned in the meat, even when flipped over. Available at Chapters and Indigo stores as well as www.grillcharms.com. Additional charm collections can also be ordered online.

